

The Course

The Borders Summer School is primarily a BJC event and will give a grading opportunity to BJC members on the Sunday. However, we are open to all who hold a valid judo licence from any organisation. Indeed, from the first year we have included as instructors members from other organisation and we welcome those that wish to come and train in a friendly traditional manner. All we ask is that you respect our traditions by wearing zori or flip flops to the side of the mat and practice in a white judogi.

Advanced Booking Form

Please indicate which days and how many will be attending

Thursday 11th

Friday 12th

Saturday 13th

Sunday 14th

Costs: £50 full course or £15 per day

Name.....

Address.....

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Contact number.....

Please make cheques payable to D Hammond and send to
29 Loons Road Dundee DD3 6AB. For further information
please call 07525 451 454 or email macaitch@hotmail.co.uk

Places to Stay

The Top Pub (St Ronans Hotel)
High Street, Innerleithen
Tel: 01896 831 487
BGB, real ale, beer garden

The Corner House Hotel
High Street, Innerleithen
Tel: 01896 831 181
BGB, good bar food

Tweedside Camping & Caravanning
Tel: 077187 47860

Things to Do



Innerleithen is a holiday destination in it's own right. Situated in the idyllic Scottish Borders it boasts its own golf

course and is situated along the banks of the River Tweed, famous for it's salmon fishing. It is also home to a very lively mountain biking community.

With a swimming pool in nearby Peebles, and places of natural beauty such as St Mary's Loch on it's doorstep, Innerleithen is



the ideal place to mix judo with other activities for children and adults alike.



Borders Summer School 2011

August 11th-14th

St Ronan's Primary School
St Ronan's Road
Innerleithen
EH44 6PB

10th Anniversary

With special guest instructor



Robin Otani
President BJC

Guest instructors

George Temperton, 5th Dan

Dave Revely, 5th Dan

Len Witts, 4th Dan

Mike Douglass, 4th Dan

John Barton, 3rd Dan

Dave Hammond, 3rd Dan



Summer School in Scotland 2011



This year sees the 10th Anniversary of the Borders Judo Summer School and to help us celebrate we are delighted to announce that this year's guest instructor will be BJC President Robin Otani.

The Course was established in 2002 with the late Paul Douglass as the resident



Sensei Robin Otani using Dave Hammond as uki in Bognor 2010

guest instructor. Since Paul's sad passing the event has seen a number of top judo instructors make the trip to the beautiful setting of the Scottish Borders, where over that ten year period we have worked to provide top quality instruction in a

friendly atmosphere. The list of previous instructors is headed by two Kodokan hachidan, and the standard has remained high through-out. National and international medalists in both shiai and kata have regularly visited the event, as has BJC Vice President G R Mealing.

With such a high level of instruction it is hardly surprising that we have had visitors attend the course from across the UK and Ireland, many bringing along their families, which has increased the friendly atmosphere of the event.

Alongside the general judo on offer we have run aikido sessions, kendo sessions,

first aid courses and coaching courses. We have also established a regular free barbecue for all those on the course, which has proved to be very popular.

This year's coaching team, headed up by President Otani, who will be in attendance on the Saturday and Sunday, sees a return of regulars George Temperton and Dave Revely, both 5th Dan. Also running sessions will be Len Witts, 4th Dan, Mike Douglass 4th Dan, John Barton 3rd Dan and Dave Hammond 3rd Dan.

The course is geared to cater for all standards and ages with certain sessions being run specifically for juniors



Sensei John Barton gives a demonstration at 2009 Summer School



Kids enjoying last years Border Summer School